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SOUTHERN INSPIRATION
SLOW-COOKED HOLIDAY BRISKET {page 26}

EXPLAINING SANTA
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{page 24}

HE'S NO SHERLOCK

A LOOK AT SOME OF FILM AND TV'S TOP DETECTIVES {page 19}

CALGARY metro®

Monday, December 5, 2011
www.metronews.ca

News worth sharing.

Snow leads to parking ban

New city initiative took effect for first time at 2 p.m. yesterday ◐ Calgary Parking Authority officers were busy issuing warnings ◐ Ban remained in effect as of press time

The city's first snow-route parking ban will be a learning experience for Calgarians and city crews alike, according to city officials.

City roads spokesperson Tara Norton-Merrin said the hope is that most Calgarians are aware of the new bans but understand there will be a transition period.

"I think we're going to take a lot of lessons from what happens today," she said yesterday, moments after the parking ban was declared.

Erin Woods resident Troy Seltenrich said he took proactive steps after learning about the new bans and reconfigured his backyard to accommodate a parking space.

"I basically went in with the thought that parking is probably going to be a gong show in the event of a ban, and who really wants to mess around with probably very inconvenient parking in a snow event?" he said.

Rob Ishii, on the other hand, said he was unaware of the parking bans in his Mission neighbourhood.

"I don't know what I'm going to do," he said, as he poured washer fluid into his car. "I found one of those warning tickets on my car and I didn't know what it was related to." ● KATIE TURNER

KATIE TURNER/METRO

▶ Ron Blair clears off a driveway in the southwest community of Cliff Bungalow yesterday following a heavy snowfall that blanketed Calgary.

Transit

Against LRT fine increase

◐ Anti-poverty advocates say raising LRT fare-evasion fines targets wrong people
{page 4}

First NDP debate

Candidates take to dais in Round 1 of debates {page 15}

WestJet flight scare

Passenger's behaviour aboard plane gets flight diverted
{page 8}

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P110929	2011	BUICK	LUCERNE	8 remain	$35,640	$182 B/W	$26,999	$8,641
P110007	2011	BUICK	REGAL	5 remain	$33,540	$192 B/W	$28,503	$5,037
C111262	2011	CADILLAC	CTS	4 remain	$38,695	$227 B/W	$33,751	$4,944
C111253	2011	CADILLAC	ESCALADE	5 remain	$93,230	$999 MO. LEASE	$70,995	$22,235
C110545	2011	CADILLAC	SRX	2 remain	$43,560	$280 B/W	$41,659	$1,901
C110717	2011	CHEV & GMC	COLORADO & CANYON 2WD REG. CAB	6 remain	$26,060	$118 B/W	$17,575	$8,485
C111660	2011	CHEVROLET	1500 4WD REG. CAB	14 remain	$34,310	$162 B/W	$24,080	$10,230
C111371	2011	CHEVROLET	CAMARO	5 remain	$30,240	$162 B/W	$23,999	$6,241
C111201	2011	CHEVROLET	COLORADO 4WD EXT. CAB	2 remain	$33,270	$162 B/W	$24,117	$9,153
C110755	2011	CHEVROLET	CRUZE	14 remain	$16,510	$109 B/W	$16,179	$331
C110348	2011	CHEVROLET	EQUINOX AWD	3 remain	$31,440	$202 B/W	$29,999	$1,441
C110233	2011	CHEVROLET	IMPALA	8 remain	$29,555	$176 B/W	$26,206	$3,349
C110368	2011	CHEVROLET	MALIBU	4 remain	$29,045	$159 B/W	$23,614	$5,431
C111028	2011	CHEVROLET	TRAVERSE	13 remain	$37,395	$214 B/W	$31,752	$5,643
P110822	2011	GMC	1500 2WD CREW CAB	2 remain	$33,940	$154 B/W	$22,904	$11,036
P111190	2011	GMC	1500 2WD REG. CAB	4 remain	$28,920	$131 B/W	$19,432	$9,488
P111165	2011	GMC	1500 4WD CREW CAB	23 remain	$40,135	$191 B/W	$28,408	$11,727
P111255	2011	GMC	1500 4WD EXT. CAB	9 remain	$39,535	$187 B/W	$27,851	$11,684
P110623	2011	GMC	TERRAIN	4 remain	$29,015	$188 B/W	$27,999	$1,016
P111021	2011	GMC & CHEV	2500 4WD CREW CAB	7 remain	$52,180	$275 B/W	$40,920	$11,260

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Two RCMP officers wounded by gunfire

HEATHER MCINTYRE
IN EDMONTON

Two RCMP officers were shot early yesterday during a standoff southwest of Edmonton.

Both were transported to hospital following a 3:30 a.m. exchange of gunfire at a farm house west of Breton.

"They're non-life-threatening injuries," said Sgt. Tim Taniguchi. "One is superficial and the other is more serious.

He said one officer has more than 30 years of experience and the other, 10.

The officers, who are from Red Deer and are members of the RCMP emergency-response team, were called Saturday to assist following a 5:20 p.m. complaint that a 35-year-old man had been shot outside the farmhouse.

That man was transported to hospital with non-life-threatening injuries. The standoff came to an end just before 11 a.m. yesterday when a man and a woman from inside were taken into custody. They were also taken to hospital with non-life-threatening injuries, but police won't say if they had been shot.

"The RCMP is still looking into the criminal matters against the suspects," said Taniguchi. "But (the Alberta serious-incident response team) will collect evidence and look at the police action."

Provincial exams 'misused,' says education minister

Standardized elementary, junior-high tests will no longer have bearing on student assessment: Lukaszuk ▶ Teachers' association has long called for it

JEREMY NOLAIS
@METRONEWS.CA

Alberta's education minister is closing the book on standardized provincial exams as a means of assessing elementary and junior-high students.

Thomas Lukaszuk told parents during a teleconference last week the long-standing year-end exams written by students in grades 3, 6 and 9 are being "misused," noting they are intended exclusively to evaluate the curriculum being taught.

"It's not about testing teachers or students or anything," he told Metro yesterday. "When they (the tests) are used for something they are not intended for, you are getting false readings and that can be damaging."

Lukaszuk said while the testing could still be conducted in Alberta schools — the minister plans to make a ruling on their overall fate in "short order" — they will no longer have bearing on student grading.

The minister's ruling will come as a welcome relief to educators provincewide, said Alberta Teachers' Association representative Jonathan Teghtmeyer.

"We believe that these tests are a small snapshot in time and are not truly indicative of what students know," he said. "We would rather the teacher use a variety of assessment tools covering a broad range of curriculum and outcomes."

Trustees with both the Calgary Board of Education and Calgary Catholic School District said they were open to discussing the true intention of provincial standardized testing with both the minister and members of the public.

▶ Education Minister Thomas Lukaszuk talks to students at an Edmonton school earlier this month.

Hot topic

- Estimates suggest 90 per cent of Alberta students in grades 3, 6 and 9 write the provincial tests each year.
- The Alberta Teachers' Association would like to see provincial testing removed entirely for students in grades 3 and 6 and only a representative sample used to evaluate the Grade 9 curriculum, said representative Jonathan Teghtmeyer.
- Education Minister Thomas Lukaszuk said provincial testing has been a hot topic during recent public consultations across the province, but said parents seem divided over the value of the exams.

1 news

The U.S. government's post-BP-spill analysis contains good news for the bluefin-tuna fishery in the Gulf of Mexico. Scan the code for the story.

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On the web at metronews.ca

Chaos in the wake of Oklahoma State's football victory over its state rival leaves 12 injured. Video at metronews.ca/video

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METRO FILE

▶ Dan Meades with Vibrant Communities Calgary, seen here at a city C-Train station, worries that hiking LRT fare-evasion fines will put an even greater financial burden on the city's poorest citizens.

Anti-poverty advocates slam transit-fine plan

Proposal would raise LRT fare-evasion fine by $100
Charges in line with other transit networks: Official

JEREMY NOLAIS
@METRONEWS.CA

Calgary Transit's hopes to bump up the fine for fare-evading LRT riders is being met with resistance by anti-poverty advocates believing the move would target the wrong people.

Dan Meades, director of Vibrant Communities Calgary, said many of the city's living poor cannot afford the $2.75 charge to ride the train and are faced with taking the chance of getting caught or missing work.

Now, officials are set to bring forward a plan to city council early in the new year that would see a fine issued to those caught without a ticket rise by $100 to $250. "Increasing the cost of the fine is just criminalizing the fact that they're living in poverty," Meades said.

8% According to a Calgary Transit survey earlier this year, the station with the highest percentage of LRT fare evaders (eight) is Banff Trail station.

Calgary Transit safety coordinator Brian Whitelaw pointed out last week that the proposed fine is in line with violation charges doled out by other, comparable city-transit networks. Edmonton's city council, for example, hiked its fare-evasion fine to $250 from $110 in July.

Calgary Transit does offer a discounted $40 pass to low-income Calgarians, but Bonnie Pacaud with the group Fair Fares said even that price is too steep for some.

"People are going to take a chance," she said, noting that those unable to pay a violation ticket can end up with a criminal record. "It seems to be quite a harsh way that we deal with fare evasion."

City open to negotiating with Occupy protesters

JEREMY NOLAIS
@METRONEWS.CA

City officials are still willing to settle with Occupy Calgary demonstrators outside of court even after making their case to a judge to have the group's Olympic Plaza camp shut down Friday.

Bylaw boss Bill Bruce said the city's initial offer to the group of demonstrators, which has been camping in the plaza since Oct. 15, was reissued Saturday in case members were still willing to discuss a peaceful settlement.

"It's the same offer we offered before," Bruce said, referring to a proposal that would, among other things, grant the group the ability to host four public forums at yet-to-be determined locations.

Occupy Calgary member Tavis Ford said the group would prefer having city officials attend a general assembly to discuss the matter further. He went on to describe the city's latest move as "desperate" and spurred by fear of losing the court injunction.

"When there is a vibrant, public forum in that plaza with thousands of people down there, that is when I think we can pack up the tents," he said.

It is not clear when Chief Justice Neil Wittmann will issue a ruling on the camp's fate.

METRO FILE

▶ Occupy Calgary demonstrators gather before eviction notices were distributed Nov. 15.

The proposal

- The city would cover all rental costs associated with setting up four Occupy Calgary-hosted public forums and actively promote the events.
- Demonstrators would be allowed to maintain a single booth promoting their cause within the plaza during normal operational hours.
- The city would view any movement by occupiers to make way for groups booking the plaza for public events as an act of "good faith."
- The agreement would be promoted as a "win" for both the city and occupiers and would not be referred to as a shutdown.

Mission Road project up in air

Citizen-inspired design for a redevelopment in the community of Parkhill could be tossed out as area landowners prepare to ask council to go a different route.

In June, citizens, landowners and city officials took part in a weeklong workshop to determine how to best plan a redevelopment along Mission Road. The vision was meant to come forward to council in January, but landowners will instead ask council today to proceed with original plans for a residential development.

Madeleine King, who represents the landowners group, said because of uncertainty surrounding the costs, the project is having difficulty attracting developers. "I think that the vision is something that we all want to achieve but the property owners are in a hopeless situation," she said. "At the moment, they need to have certainty."

Bill Fischer, chairman of planning and development committee for Erlton Community Association, said he and several volunteers devoted hundreds of hours to participating in planning forums. "We really bought in to this," he said. Area Ald. Gian-Carlo Carra said if council approves the original plans, "it would just be an unmitigated disaster."

KATIE TURNER

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ACCIDENTS

Motorists weather slick roads

Serious injury was avoided on Calgary roads following a blanket of snow Saturday evening.

As much as 15 centimetres of the white stuff fell in certain areas of the city, creating slick patches on major thoroughfares.

As of 3 p.m. yesterday, nearly 140 accidents had been reported citywide over the previous 24 hours; however, only 15 involved injury and none were considered serious, said police Insp. Shawn Wallace.

"There's been nothing really significant, but it has affected people in all quadrants," Wallace said.

Police continue to encourage motorists to take their time and drive with caution during this morning's rush hour.

"It may take awhile," Wallace said. "This is the first real winter test for us."

METRO

Former head of Calgary Poppy Fund found dead

Longtime head of the Calgary Poppy Fund George Bittman was found dead on Saturday, believed to have drowned off the coast of Florida.

It's believed Bittman was sailing his boat before his body was discovered floating in the water.

He had retired from the Calgary Poppy Fund last year.

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HOLIPALOOZA

Groups combine for fun holiday fundraising shindig

You've heard of Lollapalooza, but what Holipalooza?

The latter is a first-time Calgary event hosted collectively by 18 social media, technology, film and communications groups along with some corporate partners.

"The tagline is 'Get together, give together,'" said organizer Donna McTaggart. "We decided, why try to host all these different December events when we can just come together and have some fun for a good cause?"

Taking place Wednesday at Melrose Café & Bar, the Holipalooza festivities will include a silent auction with items valued at up to $100 as well as a food-tasting and live music.

Each of the five businesses offering up tasty morsels at Holipalooza has chosen a charity that will receive a portion of the event proceeds.

"We're hoping to raise $10,000," McTaggart said. "If each of these groups had held their own event, they likely would not have raised that amount — by working together maybe we can."

Tickets for the event are still available for $25 at holipalooza.ca and Twitter users can follow developments leading up to the party using the hashtag #HPyyc.

JEREMY NOLAIS

Charity sets up shop in cafés

- Website raised more than $750,000 so far for poverty-ending projects
- Goal to raise $400,000 this year, all going towards various projects

CONTRIBUTED

▶ Founder of UEnd: Poverty Jay Baydala holds up some of the gift cards that were being sold at Higher Ground Café this weekend.

KATIE TURNER
@METRONEWS.CA

This holiday season, a local non-profit is making gift giving as easy as buying a coffee.

Rather than giving material items for Christmas, UEnd: Poverty encourages gift givers to send an online gift card to their friends and family, which allows them to choose from a variety of poverty-eradicating projects to donate to.

Founder Jay Baydala said they decided to take UEnd out into the community by setting up shop at cafés throughout the city over the month of December.

"You don't have to figure out a cheap, cheesy $20 gift from one of those tacky stores for the uncle that you don't even know," said Baydala. "You can give a $20 gift card ... and it actually helps change the world."

This past weekend, a successful pop-up shop was staged at Higher Ground Café in Kensington. General manager Dan Clapson said they are happy to donate some space for UEnd.

"It certainly is a cool idea," said Clapson. I give away UEnd cards to my family."

Three downtown Good Earth Cafés, as well as Insomnia Café and Waves Springborough, are also hosting pop-up shops until Dec. 23.

Dates and times can be found at Facebook.com/UEndFoundation and gift cards can be purchased anytime at uend.org.

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Violent flyer diverts flight

[illegible] threat on WestJet plane to Toronto

Man has history of mental illness

DAVID PROCTOR
OTTAWA@METRONEWS.CA
METRO CANADA IN VANCOUVER

A WestJet flight from Vancouver to Toronto was diverted to Thunder Bay, Ont., on Saturday when a passenger allegedly grew violent.

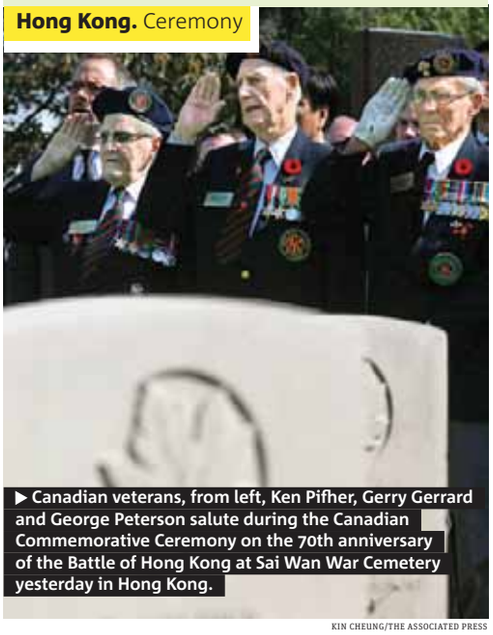
The man, a 27-year-old Portuguese citizen with a history of mental illness, was restrained by the crew. He allegedly uttered a bomb threat once the plane landed. An overnight search of the aircraft by Ontario and Thunder Bay police turned up nothing, and the plane completed its flight yesterday.

"It is extremely rare that we have to divert for an unruly guest," explained WestJet media relations manager Robert Palmer.

"Normally speaking, if the individual that was behaving inappropriately calms down ... we'll resume the flight and call the police to meet us at the destination. Only in extreme situations like this do we divert, which shows you what kind of concern was expressed by the crew."

The man was taken into custody by the Thunder Bay Police Service and brought to the Thunder Bay Regional Health Centre for a medical assessment. No charges have been laid.

Hong Kong. Ceremony



▶ Canadian veterans, from left, Ken Pifher, Gerry Gerrard and George Peterson salute during the Canadian Commemorative Ceremony on the 70th anniversary of the Battle of Hong Kong at Sai Wan War Cemetery yesterday in Hong Kong.

KIN CHEUNG/THE ASSOCIATED PRESS

Honouring our heroes

The ceremony honoured the 1,975 Canadian soldiers who fought to defend Hong Kong during the Second World War and remembered over 550 Canadian soldiers who died in the battle.

Families honour war veterans

JOE LOFARO
IN OTTAWA

Hundreds of families helped lay more than 2,700 wreaths on headstones to honour veterans buried at the Beechwood Cemetery at a special ceremony yesterday that, for many, will turn into a tradition.

Gail Evans Lalonde helped lay a wreath for her father, David Evans, a gunner for the Canadian army during the Second World War. He injured his leg in a motorcycle accident during night patrol in Italy and was brought back to Canada by an English hospital ship on VE Day.

He died on June 12, 2000, in Canada.

Lalonde brought her twin grandchildren Maggie and Matthew, both 10, and their sister, Emma, 15, to the ceremony. Their aunt Judy came, too, as they listened to Chief of Defence Staff, Gen. Walter Natynczyk deliver a speech about offering respect and dignity to Canada's veterans.

Bus strikes and kills Montreal girl

A five-year-old girl was struck and killed by a city bus in Montreal, police said yesterday.

The bus was headed toward a reserved parking area at a busy subway terminus in the city's east end Saturday evening and hit the girl as she was crossing the street.

The child was rushed to hospital, where she died soon after, said Montreal police Const. Daniel Lacoursiere. THE CANADIAN PRESS

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- 10603 –107th Ave.
- 17551 – 100th Ave.
- 14808 Stony Plain Rd
- 18559 Stony Plain Rd
- Abbottsfield Shoppers Mall
- Bonnie Doon
- Capilano Mall
- Edmonton City Centre
- Kingsway Mall
- Kingsway Mall (kiosk)
- Londonderry Mall
- Mill Woods Town Centre
- Northgate Centre
- Northgate Centre (kiosk)
- Sherwood Park Mall
- South Edmonton Common
- South Park Centre
- Southgate Mall (kiosk)
- St. Albert Trail at 137 Ave.
- West Edmonton Mall
- West Edmonton Mall (kiosk)
- Westmount Centre
- Whyte Avenue at 107 St.

FORT MCMURRAY
- 19 Riedel St.
- Peter Pond Shopping Centre

GRANDE PRAIRIE
- Prairie Mall

LEDUC
- 4916 - 50th Ave.

LETHBRIDGE
- Park Place
- SmartCentres Lethbridge

LLOYDMINSTER
- Lloyd Mall

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Shaking the status quo

Singapore SlutWalk protests sexual violence against women

Hundreds of people gathered at a park in Singapore yesterday to protest sexual violence against women as part of the global SlutWalk movement, in a rare public demonstration in the tightly controlled city state.

The event featured live music, speeches and a women's Muay Thai martial-arts exhibition at downtown Singapore's Speakers' Corner, the only public outdoor space where demonstrations are allowed in the Southeast Asian country.

Participants at the rally did not dress provocatively as some activists have in SlutWalks in U.S. and Canadian cities.

"The idea was not to vamp it up, because women can get raped regardless of what they're wearing," said Vanessa Ho, who organized the event with six friends. "We're trying to raise awareness against victim-blaming and slut-shaming."

SlutWalk marches have been held in cities around the world, including earlier this year in New Delhi and Sydney. The protests originated in Toronto, where they were sparked by a police officer's remark that women could avoid being raped by not dressing like "sluts."

"The world is dominated by males, so there's a male mentality," said Esaint Chiang, a 21-year-old student who attended yesterday's protest. "I think it's a good idea to bring awareness to these issues, but I like that they're not being so provocative, playing by the rules."

THE ASSOCIATED PRESS

BRYAN VAN DER BEEK/THE ASSOCIATED PRESS

▶ Jess Hutch, left, takes a picture of fellow volunteer Jillian Yue wearing SlutWalk underwear as people gather at Hong Lim Park as part of the global SlutWalk movement in Singapore yesterday.

Date rape

- Corinna Lim, executive director of the Singapore women's-rights group Aware, said many sexual assault cases go unreported, especially date rape.
- Aware recently started a hotline for sexual abuse victims and offers to accompany women to the police and the hospital after an assault.
- "The family of the victim will sometimes say, 'What were you wearing?'" Lim said. "Singapore women have modernized quite quickly in a short time, but Singapore is still a very conservative society."

KENTUCKY CHURCH

Interracial ban to be nullified

The pastor at a Kentucky church says he will nullify a vote taken by members of his congregation that bans interracial couples.

Stacy Stepp, who is pastor of the Gulnare Free Will Baptist Church in Pike County, told the Lexington Herald-Leader on Saturday that he plans to declare the vote approving the policy null and void.

The move comes after Stepp, who says he opposed the policy, asked for advice from the Sandy Valley Conference of Free Will Baptists.

The conference met Saturday and issued a statement saying it had determined there weren't enough members voting in favour of the proposal, which would require a change in church bylaws.

THE ASSOCIATED PRESS

Zambia dismisses call to arrest Bush

Zambia has dismissed an international rights group's call for the arrest on torture charges of former president George W. Bush, who has been touring Africa to raise awareness about cervical and breast cancer.

"On what basis does Amnesty International want us to arrest President Bush?" state media quoted Foreign Affairs Minister Chishimba Kambwili as saying while Bush, his wife and daughters ended their visit to Zambia on Saturday.

Bush started his Africa tour in Tanzania.

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Many Mexicans fled the mountain state of Velacruz to build a better life Urged by the government to return, they find themselves caught anew in the region's neverending drug war

FELIX MARQUEZ/THE ASSOCIATED PRESS

▶ Rafael Echevarria, left, stands inside his home with his son Christian, 23, daughter Valeria, 8, and wife Alejandra, in the Gulf city of Veracruz, Mexico.

Refugees in their own home

Rafael Echevarria had a steady factory job, a modest home of his own, and enough cash to occasionally take his family to McDonald's.

It was a good life until the drug war hit Ciudad Juarez, followed by two robberies at his house, extortion at his daughter's school, and finally, the shootout on the bus.

When the firing began, 6-year-old Valeria dove to the floor, breaking a tooth. There was so much blood from her mouth wound, her parents thought she'd been shot.

The next day, the couple and their two children boarded a flight back home to Veracruz, along with 1,600 others who had once moved north for work in foreign assembly plants and now were fleeing south in search of safety.

The Veracruz state government paid for the flights, and assured the drug war refugees that there would be jobs, education and housing

At the time, it seemed to the Echevarrias like the only solution.

Then the drug war followed them home.

Military offensives against the drug cartels and turf battles among crime syndicates have pushed the war into areas once considered quiet. A year after their hopeful flight, the Echevarrias are not only caught anew in a crush of violence, but still without the promised help.

In Juarez, the Echevarrias had a house and a van. In Veracruz, they've had to pawn their appliances and move to a concrete hut to make ends meet.

The trade of solvency for safety was a fake choice, because in Juarez, Echevarria said, "We would have been living well. Now we're in a hole. And it's very difficult to get out."

The Echevarrias are among thousands of Mexicans who make up the internal diaspora trying to escape drug violence that seems to migrate rather than cease, with more than 45,000 troops fighting cartels and more than 40,000 dead by many counts.

At first, then-governor. Fidel Herrera's administration promised to help returnees like the Echevarrias.

That never happened. The phones to the offices set up to help the returning residents stopped working.

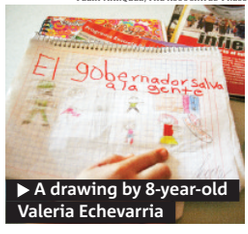
A new governor, Javier Duarte, took office last December. Gina Dominguez, Duarte's spokeswoman, said the "social agenda" was going in a different direction.

"It was a good program on paper," she said. "But obviously the execution wasn't simple because it had to provide for everyone." THE ASSOCIATED PRESS

Displaced people

- Recent survey results by Parametria found that 1.6 million Mexicans have moved because of drug violence since 2006.
- One study by the Geneva-based Internal Displacement Monitoring Centre put the number at 230,000 in 2010, estimating that half fled to the United States.
- Another study, by demographer Rodolfo Rubio at Colegio de la Frontera Norte, says 200,000 people left Juarez alone for other Mexican cities between 2007 and 2010.
- Many of the affected are working class or poor who can't leave the country.

FELIX MARQUEZ/THE ASSOCIATED PRESS



▶ A drawing by 8-year-old Valeria Echevarria

Photo by Éric St-Pierre

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Putin party committed violations: Opposition

Protests held in Moscow and St. Petersburg More than 170 arrests

Prime Minister Vladimir Putin's party struggled to hang on to its majority in Russia's parliamentary election, suggesting Russians were wearying of the man who has dominated Russian politics for more than a decade.

Rival parties and election monitors said even a result of around 50 per cent was inflated, alleging ballot-stuffing and other significant violations at the polls. Many feared the vote count would be manipulated.

Putin wanted to see his United Russia party do well in yesterday's election as a sign of popular support for his return to the presidency in a vote now three months away. Despite the sobering setback, he was still expected to have little trouble reclaiming the position he held from 2000 to 2008.

Putin has systematically destroyed any potential challengers and most Russians do not see any credible alternatives, despite growing dissatisfaction with his strongman style. Grumbling over pervasive official corruption and the gap between ordinary people and the superrich has become widespread.

Putting a positive spin on the disappointing returns, Putin said "we can ensure the stable development of the country with this result." United Russia held a two-thirds majority in the outgoing State Duma, which allowed it to change the constitution unchallenged. But the party is increasingly disliked, seen as representing a corrupt bureaucracy and known as the "party of crooks and thieves." THE ASSOCIATED PRESS

DMITRY LOVETSKY/THE ASSOCIATED PRESS

▶ Russian police officers detain an opposition activist during a protest against vote rigging in St. Petersburg, Russia, yesterday. Russians cast their ballots with muted enthusiasm in parliamentary elections, a vote opinion polls suggest could reduce the strength of Prime Minister Vladimir Putin's party.

Early results

- **Results with 75 per cent of** precincts showed about 50 per cent for United Russia.
- **This was in line with an** exit poll conducted by the VTsIOM polling agency tallying United Russia at 48.5 per cent and another done by the FOM polling agency at 46 per cent.
- **About 60 per cent of** Russia's 110 million registered voters cast ballots, down from 64 per cent four years ago.
- **Only seven parties were** allowed to field candidates for Parliament this year, while the most vocal opposition groups were barred.
- **Golos, an independent** election-monitoring group, compiled some 5,300 complaints of violations, a third of which said they were pressured to vote for United Russia.
- **Final results expected at** 1 a.m. EDT today.

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Teens just not that into sexting: Study

New research focused only on pictures Asked more questions about the kinds of racy photos kids are sharing

Teen sexting of nude photos online or via cellphone may be far less common than people think, new research suggests.

Only one per cent of kids aged 10 to 17 have shared images of themselves or others that involve explicit nudity, a study in the U.S. found. Roughly the same number said they'd shared suggestive but less graphic photos; while seven per cent said they'd received either type of picture.

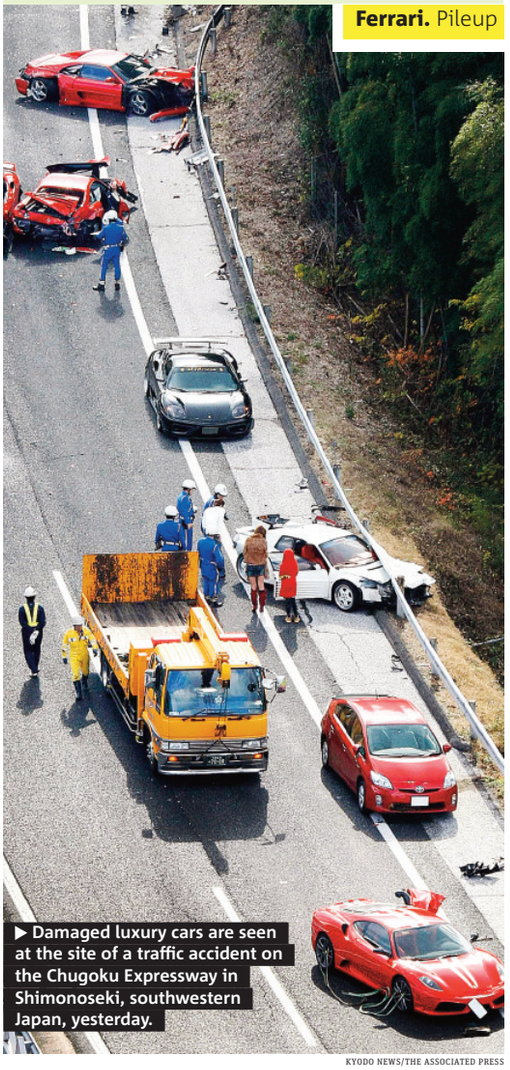
The research suggests texting of sexual photos among younger kids is extremely rare but more common among older teens.

The results are reassuring, showing that teen sexting isn't rampant, usually isn't malicious, and is generally not something parents should panic over, said lead author Kimberly Mitchell, a research assistant psychology professor at the University of New Hampshire.

Previous reports said as many as one in five young people have participated in sexting. But some surveys included older teens, people in their early 20s, or definitions of sexting that did not include images, the new study said.

THE ASSOCIATED PRESS

Ferrari. Pileup



▶ Damaged luxury cars are seen at the site of a traffic accident on the Chugoku Expressway in Shimonoseki, southwestern Japan, yesterday.

KYODO NEWS/THE ASSOCIATED PRESS

Luxury-car catastrophe

Thirteen sports cars, including eight Ferraris, a Lamborghini and two Mercedes-Benz were involved in the accident, slightly injuring 10 people.

Ticket fines add up to $14K for driver

Police say a Newfoundland man has added a few more tickets to his already sizable collection.

Officers in the Paradise area issued three tickets early this morning to a 28-year-old man who already owes $14,000 in fines.

The man was charged with driving under suspension, driving without insurance and driving an unregistered vehicle.

He was detained by police and the vehicle's licence plates were seized.

THE CANADIAN PRESS

Nine children found riding in stolen truck: Police

A stolen truck with a 14-year-old driver and eight other children inside failed to evade police after it got stuck on a slippery road.

Police in Saskatoon say they spotted a 2006 Chevrolet pickup on Friday night that was taken from a business earlier in the week.

They say after an initial stop, the driver tried to get away but couldn't get enough traction on the icy road.

Five boys face various charges and are being held in custody. THE CANADIAN PRESS

FRED CHARTRAND/THE CANADIAN PRESS

▶ From left, NDP Leadership candidates Nathan Cullen, Romeo Saganash and Robert Chisholm take part in the first round of debates in Ottawa yesterday.

No surprises in NDP leadership debate

500 New Democrats attended first debate ◆ Five more to come in the new year

For anyone hoping to separate the wheat from the chaff in the NDP leadership contest, Sunday's first all-candidates debate provided little grist for the mill.

With nine candidates vying to make their mark during the two-hour debate, no one had a real opportunity to shine — or fall flat.

The affair was largely collegial, with candidates sticking closely to tried-and-true social democratic bromides for the ailing economy and rarely disagreeing.

The only sparks came during a brief exchange between Brian Topp, the former party president, backroom strategist and confidante of the late Jack Layton, and Paul Dewar. That Topp chose to challenge Dewar over how he would pay for his spending promises had New Democrats buzzing that the presumptive frontrunner must feel threatened by the Ottawa MP.

The leadership vote will take place March 24. THE CANADIAN PRESS

Turkey. Ritual

KEITH BEATY/ TORSTAR NEWS SERVICE

Ed's turkey-giving endures

About 1,500 people lined up in order to get a free turkey at the 24th annual Honest Ed's turkey giveaway. The store had 12,000 pounds of turkey to give away (estimated to be 1,500 birds) so almost everyone who lined up left with a turkey... and a fruitcake. The line-up began on Friday.

Occupy Winnipeg camp heats up

The Occupy Winnipeg camp saw another suspicious fire on the weekend, the third one reported in less than two weeks.

Firefighters responded to a 911 call that came in at 3:40 a.m. Saturday and extinguished a fire set on the ground under a white festival tent. Nobody was injured in the fire, which ignited a square section of carpeting in the middle of the tent.

Winnipeg Police Service Const. Rob Carver said only grass was damaged and no accelerants were used. Police questioned an individual walking in the area, but his alibi checked out.

Occupier Rob Gaumond said it's not clear if the fire was another arson attempt or a homeless person trying to keep warm. He said four empty tents were also vandalized around the time of the Saturday's fire. METRO

Repeated Fires

Occupy Winnipeg had two previous fire incidents.

- **The first fire, set under the** same white tent, was put out by a local resident. An Occupier said it appeared to be a deliberate attempt to burn the tent down. Police could not confirm this.
- **The second fire, two days** later used an accelerant and destroyed a brand-new all-season tent.

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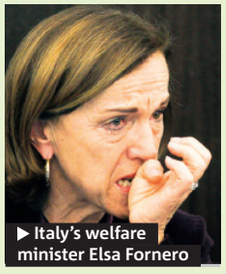

▶ Italy's welfare minister Elsa Fornero

Italy OKs austerity measures

Prime Minister Mario Monti said yesterday his government of technocrats has approved a package of austerity and growth measures worth $40.53 billion to "reawaken" the Italian economy and help save the euro common currency from collapse.

The measures include immediate cuts to the costs of maintaining Italy's bulky political class as well as significant measures to fight tax evasion.

Monti will outline the measures today in addresses to both houses of Parliament, which must approve them.

"A lot depends on how well or not we explain to the citizens what we are trying to do," Monti said.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
- 9.21 (12,104.08)	- 0.39¢ (98.02¢ US)

Oil	Natural gas	Gold
+ 31¢ US ($100.51 US)	$3.65 US (- 0.3¢)	$1,751.30 US (+ $11.50 US)

Electric car-sharing in Paris

2,000 drivers are already signed up to the eco-friendly program

Paris, in its latest bid to be an innovator of the City of Tomorrow, is launching an electric car-sharing program to cut air and noise pollution.

Autolib', a project built on the success of the city's bike-rental scheme, makes its debut yesterday and officials want the self-service e-cars to be as much a part of Paris life as the Eiffel Tower or Notre Dame Cathedral.

While many world cities have been developing greener alternatives to carbon-emitting vehicles, Paris says its program is the biggest of its kind: 250 vehicles hit the road on Monday, 2,000 are expected by next summer and 3,000 are planned within the next two years.

The four-seat compact Bluecar (it's actually grey) is a collaboration of Italian car designer Pininfarina and French conglomerate Groupe Bollore, which hopes to showcase its lithium metal polymer battery that powers the car.

Prospective users will need a valid ID, driver's license and credit card before signing up online or by a videoconference with an customer service representative at one of 40 special glassed-in shelters in Paris and dozens of suburban towns also taking part.

To get going, users swipe a magnetized card against a driver's-side window to open the door, and a key tethered to the steering column starts the car.

"The city's first interest is fighting air pollution. These cars not only don't emit carbon dioxide, but localized exhaust fumes either — and they don't make noise: (Studies show) the number-one nuisance in the city is noise," said Sylvain Marty, who heads the multi-city Autolib' partnership led by Paris and private-sector affiliates.

THE ASSOCIATED PRESS

CHRISTOPHE ENA/THE ASSOCIATED PRESS

▶ A parking station for the Autolib' electric car-share program in Paris.

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India's Congress may delay foreign retail

India's ruling party faced a potentially damaging setback yesterday after an important coalition ally said the government had reversed its decision to throw open the country's huge retail sector to foreign investors.

The government has not yet officially announced a change in its policy on foreign direct investment.

The furor over whether to allow chains such as Wal-Mart to open supermarkets in major cities has deadlocked India's Parliament.

THE CANADIAN PRESS

More content coming to Netflix in Canada

Netflix is promising that 2012 will be a big year for the company in Canada, with plans to double its acquisition spending for movies and TV shows and give Canadians access to more quality content — although it still won't match the selection available in the U.S.

In a letter to shareholders in October, Netflix said next year's spending boost would give the Canadian service "comparable content quality" to the U.S. site.

In a recent interview, vice-president of content Jason Ropell said the statement implies that Canadians will get access to the same calibre of top-tier films and TV shows available in the U.S., although he conceded the quantity of those titles will still be limited north of the border.

Netflix has been operating in Canada for a little over a year, drawing over one million subscribers

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TOWERS DIALLING UP A QUAGMIRE

URBAN COMPASS

JANICE PASKEY
METRO CALGARY

What's new under Nenshi?

Calgary will now allow public lands for cellphone towers.

This means your community playgrounds, soccer fields, hockey arenas and streetlight poles. But maybe not fire halls.

Everything is up for a nice healthy dose of electric magnetic frequencies, or EMFs. There's money in them thar towers.

Sure, the city considered an academic study showing eight out 10 people within 500 metres of a cellphone tower got cancer.

There was also a study showing honeybees couldn't function near towers either, yet they are crucial to our food supply. The Safe School Committee also filed concerns.

"The market sure knows health risks. Real estate agents will tell you property values near towers plummet: 10 to 40 per cent. People are afraid of living near them. Rightly so."

The city tells you that cellphone towers are federally regulated under Industry Canada.

But there's so much money to be made from leases, why not get in on the action? And so, the proposal to use city lands.

Ald. Ray Jones suggested using community association lands. The Federation of Calgary Communities then sent a letter asking for lease money to be split with the city and community association.

It's pragmatic: since there's no holding these towers back, let's grab some money for our aging facilities and community programs.

Dissension will ensue. Because there's nothing like a cellphone tower to promote community building.

The city notes that "While the demand for faster data downloads and smart technologies continues, paradoxically, the public is also concerned about the health, environmental and aesthetic impacts cell towers may pose in their neighbourhoods."

That's right, because Health Canada won't finance a study of the issue. Yet concerns emerge: cancer, headaches, facial numbness, dizziness, electrosmog.

The market sure knows health risks. Real estate agents will tell you property values near towers plummet: 10 to 40 per cent. People are afraid of living near them. Rightly so.

I admire the position of the International Association of Firefighters, which is rejecting cellphone towers on fire-hall roofs.

"The only reasonable and responsible course is to conduct a study of the highest scientific merit and integrity on the RF/MW radiation health effects to our membership and, in the interim, oppose the use of fire stations as base stations for towers and/or antennas for the conduction of cellphone transmissions until it is proven that such sitings are not hazardous to the health of our members."

If city council were on side of its citizens, they would adopt similar stance. Can our firefighters save us?

Taking the anti-bullying fight to the next level

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Call it "Pupils' Pink Power Promotes Positive Peer Perception." (Try saying that five times fast!)

In any event, inspired by their school's "Wear Pink" anti-bullying day, a group of Grade 8 students at Ian Bazalgette Junior High have taken on an ambitious project to keep the campaign going strong.

After filming interviews with fellow pink-clad students, the group created a documentary to share with the whole school at a special assembly.

"I was particularly proud of a student-led initiative like that, because if initiatives or ideas come from kids, they have so much more weight," says principal Kevin Tonak.

So what's next for this homegrown anti-bullying movement? "We're going to take it to our elementary school next door ... and have the kids lead a discussion with the younger students."

CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

DAN KITWOOD/GETTY IMAGES

Daily Zoom

All the Queen's bikers

Group of bikers ... from the army

LONDON. For Queen and country ... and motorbike junkies. The display team of the British army's Royal Signals White Helmets strike a practice pose ahead of the military tournament at Earls Court. Some 700 servicemen and women perform stunts that feature skills they use in the field. MWN

Defying death? It's an honour, sir

ATTRIBUTES. According to their website, the team of 30 volunteer soldiers demonstrate "all the personal qualities demanded of the modern Royal Signals soldier." What that entails is performing death-defying acrobatics and riding within millimetres of each other at speeds of up to 130 km/h. MWN

White Helmets

- **Equipment.** British Millennium Triumph 750cc motorcycle, producing 46bhp and weighing just under 200kg.
- **Bit of a showoff.** "I can ride that better backwards than forwards," Cpl. Jason (Gyppo) Hooper wrote on an online forum.

metro
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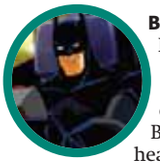
Eye on the detectives

Grab your deerstalker cap — Sherlock Holmes is back this month Robert Downey Jr. reprises his role as everyone's favourite gumshoe in the Game of Shadows To mark the release, we pit film and television's criminal investigators against each other in a sleuth-off

Scooby-Doo
The heart and soul of the Mystery Inc. gang may get the heebie-jeebies at the outset of every adventure, but give him some crunchy courage in the form of Scooby Snacks and he becomes doggone heroic.



Batman
Psychopathic baddies like Joker and Riddler love to taunt the caped crusader with twisted puzzles. In order to clean up the streets of Gotham City, Batman has to do equal parts of mental heavy lifting and Sok-Kapowing.

Winner: Batman
In the battle of slapstick versus beat-with-a-stick detective work, the Dark Knight leaves the Great Dane crying "rrr-uncle."

Lt. Debra Morgan (Dexter)
Dexter's sis may not piece together crimes as quickly as her blood-spatter expert/serial killing bro, but she's still got the sharpest tongue and coolest head on Miami Metro's homicide division.

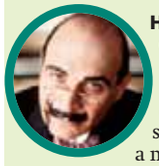
Deputy Chief Brenda Leigh Johnson (The Closer)
Major Crimes' cunning interrogator disarms suspects with her trademark genial "thank you, thank you so much" Southern charm before going in for the kill.

Winner: Brenda Leigh Johnson
While they're both highly capable workaholics, Morgan's solve rate suffers because her brother hampers investigations to satisfy his dark passenger.

Lt. Columbo
Outwardly naive and absentminded, the sly detective, in his rumpled trench coat and battered Peugeot, gave suspects a false sense of security before tripping them up with a few final questions. "And oh, just one more thing…"

Adrian Monk
Despite being socially awkward, hamstrung by a severe case of OCD, and afflicted with a host of phobias including germs, milk and dentists, when it comes to solving crimes he is a genius.

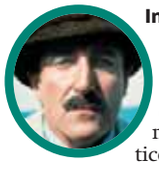
Winner: Adrian Monk
When the defective detective is on the trail, it never grows cold. And it doesn't hurt that he has a blonde sidekick to carry his disinfectant hand-wipes.



Hercule Poirot
One of the least physically active detectives, this Belgian sleuth prefers to work from the comforts of his easy chair. Using his "little grey cells", he solves epic mysteries while maintaining a meticulously groomed moustache.

Miss Marple
This prim octogenarian spinster seems more inclined to knit a pair of mittens then solve a grisly murder. Don't let her little old lady looks fool you. Miss Marple is a straight up O.G. with a mind like a bacon slicer.

Winner: Hercule Poirot
The sheer international import of Poirot, who put Belgium on the map decades before the Muscles from Brussels, puts him firmly in the catbird seat.



Inspector Jacques Clouseau
He has no discernable powers of deduction and possesses an uncanny knack for ignoring the obvious. But in the end, the pride of the French Sûreté still manages to bring the bad guys to justice, albeit accidentally.

Inspector Gadget
Though he can do almost anything thanks to an arsenal of cybernetic attachments, Gadget is clueless. But thanks to his whip-smart niece Penny and her dog Brain, Gadget bats one thousand when it comes to foiling Dr. Claw.

Winner: Inspector Gadget
While both are bumbling nitwits, Gadget's entourage reduces Clouseau to French toast. This article will now self destruct.

MIKE DOJC

2 scene

Scene in brief

The latest Twilight movie still cast the longest shadow with $16.9 million for a third-straight No. 1 finish during one of the year's slowest weekends at the box office. Coming in second again was Disney's The Muppets, with $11.2 million. With no new wide releases opening after the busy Thanksgiving weekend, ticket sales nosedived.

THE ASSOCIATED PRESS

Utah home inspired by movie Up sold for $400,000 to Disney fanatics

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Does the Lioness roar?

Amy Winehouse is back with a record of lost works How will it affect her legacy?

PAT HEALY
SCENE@METRONEWS.CA

Amy Winehouse's first release since she died in July comes out on Monday.

As early as September, word got out that this would not be the revered "third album" that she was reportedly working on at the time of her death, but a compilation of unreleased songs from 2002 through March of this year.

Though a complete version of Lioness: Hidden Treasures was not available at press time, enough tracks have surfaced online to paint a relatively clear idea of what to expect. Many of the tunes are covers and reworked versions of previously released songs. They have a surprisingly consistent vibe considering they were recorded at different times, over a period of ten years. But posthumous albums are hardly ever a full picture of an artist's intentions. One can't help but wonder how close to completion they were. Two tracks surfaced earlier this week: Between the Cheats and Halftime. Aside from the distorted bass that signals the intro of Cheats, it sounds like a straight-up oldies revival in the tradition of Beauty School Dropout. Halftime is more likely to be a legacy cementer though. With its smooth Mary J mood and lyrics about how important her chosen profession was to her, this 2002 tune is almost a fitting epitaph.

"The music is a gift," she sings, "and it's stronger than all else, provides me with a bliss."

GETTY IMAGES

▶ Two tracks from Amy Winehouse's posthumous album surfaced last week.

Other posthumous offerings:

Janis Joplin

Pearl (1971)

This album is full of those proverbial "what if" moments, as well as a lot of eerie lyrical moments. The album opens with Joplin singing, "You say that it's over, baby," and it is stinging to hear her sing "I'd trade all of my tomorrows for one single yesterday" in her performance of the album's biggest hit, Me and Bobby McGee.

Bob Marley and the Whalers Confrontation (1983)

Confrontation, which Marley's widow Rita put together, does a great job celebrating his life rather on dwelling on his final recorded note, which was the stark and triumphant Redemption Song.

Michael Jackson Michael (2010)

Many close to the King of Pop contend Michael Jackson would not deem Michael worthy of his royal catalogue. Though it's no Thriller, it's a fine collection. The album features guest performances by Akon, 50 Cent, Lenny Kravitz and Dave Grohl.

John Lennon and Yoko Ono Milk and Honey (1983)

Lennon was assassinated three weeks after he released Double Fantasy, an album that broke a silence of more than five years. This album he had been working on with Yoko Ono was intended to be the follow-up. Milk and Honey is not an insult to the Lennon legacy, but listening to it now, it sounds very much of its era. We'll never know if Lennon would have used so many 1980s conventions if he saw it through to completion.

Sublime Sublime (1996)

By the time Sublime singer Bradley Nowell died of a heroin overdose in 1996, his band's major label debut was already in the can. The celebratory music within hardly foreshadowed any tragedy, and was true to his intentions. Of course, the requisite videos that were assembled using existing footage and slowed down to pretend he was mouthing the songs were probably not what anybody had in mind.

Elliott Smith From a Basement on the Hill (2004)

Elliott Smith's final album is loaded with warning signs to the troubled singer/songwriter's death at 34. Songs like A Fond Farewell and A Distorted Reality is Now a Necessity to be Free weren't even the most haunting and oddly foreshadowing of the tracks he had prepared for the album. Other songs like Suicide Machine were completely eliminated from the album, for obvious reasons.

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Baby Simpson still gender-less

▶ Jessica Simpson

While she's previously used male pronouns while discussing her unborn child, Jessica Simpson admits she doesn't really know what it's going to be.

I think it's a girl, but I don't know yet," Simpson says, according to Hollyscoop, though her fiancé, Eric Johnson, disagrees: "I think it's a boy. We're pretty much at a standstill there," he says.

"I don't think we can wait. Jessica is too honest about everything, she needs to know. I don't think she can hold that secret to herself." METRO

Brit turns 30

Britney Spears

Britney Spears celebrated her 30th birthday last Friday by strapping on skates and going ice skating with boyfriend Jason Trawick, according to Us Weekly.

The singer took a break from the current South American leg of her tour with a quick trip to a rink in Houston, Texas.

The couple — who are rumoured to be talking about getting engaged — were all smiles on the ice. METRO

Celebrity tweets

@craigyferg
Playboy interviewed me but rejected my pictorial. Probably for the best

@Joan_Rivers
Hey, Winona Ryder (she follows me on Twitter), just a reminder: There are only 21 more shoplifting days left til Christmas.

@katyperry
First I'm pregnant & then I'm divorced. What am I All My Children?!

@SteveMartinToGo
Life is just a series of Tweets.

ALL OTHER PHOTO GETTY IMAGES

Cooper isn't buying it

▶ Bradley Cooper

Bradley Cooper doesn't necessarily enjoy being the Sexiest Man Alive, a title recently bestowed upon him by People magazine.

"It's been a weird couple of weeks. I did originally laugh and then I just started crying," Cooper tells British website OMG.

"I guess it's a bit of a joke. I hope that it won't change things." In fact, while other actors might see the title as an achievement, Cooper is worried it might become something of an impediment to his acting career.

"I'm glad it doesn't detract from my work, I hope it doesn't," he says. "It would be unfortunate it if did because I'm not really that guy at all." METRO

Brooke Mueller is busted...again

Charlie Sheen's ex arrested on drug and assault charges: People magazine
Mueller has custody of their 2 kids
Second arrest for cocaine possession

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

It was a slow weekend for celebrities behaving badly, but luckily for gossip columnists everywhere, Brooke Mueller still can't get her act together.

That lady parties more than most Hollywood celebs combined.

The latest indiscretions of Charlie Sheen's ex? After a wild Friday night, she was arrested in Aspen on assault and drug charges, according to People magazine.

(Why always Aspen? Doesn't she ever go skiing out there?)

The mother of two and frequent rehab resident was picked up at the nightclub Escobar after another female patron complained to police about an altercation.

"Mueller was arrested and charged with assault in the third degree and possession of cocaine with intent to distribute," an Aspen police official says.

"Mueller posted bond of $11,000 and was released with a district court date of Dec.19, 2011."

This was Mueller's second arrest for cocaine possession. In July, she had just finished a 30-day rehab session.

Although this seems like not-so-huge news, be prepared for a Sheen media onslaught this week, as Mueller has custody of their two children.

"Mueller was arrested and charged with assault in the third degree and possession of cocaine with intent to distribute"
ASPEN POLICE OFFICIAL

ASPEN POLICE DEPARTMENT VIA GETTY IMAGES

▶ Brooke Mueller's mug shot taken Saturday in Aspen, Colorado.

And just when you thought you'd get through the year without hearing from him again.

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3 life

How to explain Santa

Even parents who loathe the commercial aspect of the holiday season can't get away from Santa Claus What are the implications of lying to children about the myth that is Father Christmas? And when are children ready to hear the truth about St. Nick?

EMMA E. FORREST
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Imagine you're three years old and a fat bearded man in a red suit starts laughing in your face. You'd be confused. Scared. And you'd probably run to Mommy.

So when and how do you tell your child about who, exactly, this man is?

They should be ready to understand the background story of Father Christmas at about age three, says Dr. Jerome Singer, professor emeritus of psychology and child study at Yale University, and a specialist in children's imagination.

"Before that it's confusing to the child. At three, four and five years, children are doing a great deal of pretending and make believe anyway."

Either way, you can't escape the myth.

"If your children go to school and are part of mainstream society, then it's hard to see how you can avoid it," says Oliver James, a clinical psychologist and author.

"At age two, three and four, children are living a wild fantasy life already. The idea that there is a big man flying around the world giving gifts shouldn't be a hard sell," he says.

Parents shouldn't worry about participating in the great red-and-white lie.

"Lying is an integral part of life from an early age; children witness parents saying (to unwelcome callers) 'tell him I'm not in'" says James. "So there's nothing too complicated about that."

In fact, fantasizing about Santa's adventures could benefit a child's cognitive development.

"There are many advantages for the child developing relatively early a capacity for pretending and imagination," says Singer.

Children with active imaginations at an early age learn new vocabularies, master the idea of possibilities by experimenting with different social situations, trying them out and seeing what works and what doesn't, so they learn to self-regulate, Singer explains.

Communicate with your kids about the Santa myth, says Singer, and be alert to factors that will confuse them, including different Santas appearing in shops and on TV.

Most kids find out the truth from siblings or at school. Don't push kids who want to believe but prepare them for the truth as they hit early school age.

"At three, four and five years, children are doing a great deal of pretending and make believe anyway."
JEROME SINGER, PSYCHOLOGIST

THINKSTOCKPHOTOS.COM

▶ Who is this Santa Claus guy anyway?

Festive joy

"What would you like for Christmas?" This question seems easy enough. But as the options multiply the answer becomes more and more complicated... and expensive! Make time for the pleasures of family this Christmas: skating on an outdoor rink, baking cookies or having a movie marathon. This creates traditions kids will remember.
NEWS CANADA

Measles outbreaks on the rise across Europe, increasing cases also spreading to US. Scan code for story.

Analysis

GIVE CHRISTMAS MEANING

Oliver James, author of Affluenza, a book about how our competitive consumerist culture makes us anxious, suggests ways to give Christmas a non-commercial meaning.

Create games and traditions
Find a film that the family can watch together (The Sound of Music, Casablanca), and watch it every year, creating rituals away from the consumption of gifts.

Reinforce anti-materialism
Remind your kids that money and possessions aren't going to make them happy throughout the year, and that richer people aren't necessarily happier.

Make them ad-savvy
Kids love impressing you with their cleverness. Teach them how to decrypt the ads that try to sell them products they don't need throughout the year.

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4273389

Apple juice on high alert?

Experts get to the core of issue after TV personality Dr. Oz claims that arsenic in apple juice poses concerns

ISTOCK PHOTO

▶ Some nutritionists argue that the real danger of apple juice is the empty calories.

It's true — apple juice can pose a risk to your health. But not necessarily from the trace amounts of arsenic that people are arguing about.

Despite the U.S. government's consideration of new limits on arsenic, nutrition experts say apple juice's real danger is to waistlines and children's teeth. Apple juice has few natural nutrients, lots of calories and, in some cases, has even more sugar than soda.

"It's like sugar water," said Judith Stern, a nutrition professor at the University of California, Davis, who has consulted for candy makers as well as Weight Watchers. "I won't let my three-year-old grandson drink apple juice."

Many juices are fortified with vitamins, so they're not just empty calories. But that doesn't appease some nutritionists.

"If it wasn't healthy in the first place, adding vitamins doesn't make it into a health food," and if it causes weight gain, it's not a healthy choice, said Karen Ansel, a dietitian in New York and spokeswoman for the American Dietetic Association.

The American Academy of Pediatrics says juice can be part of a healthy diet, but its policy is blunt: "Fruit juice offers no nutritional benefit for infants younger than six months" and no benefits over whole fruit for older kids.

Kids under 12 consume 28 per cent of all juice and juice drinks, according to the academy. Nationwide, apple juice is second only to orange juice in popularity.

Americans slurp almost 267 ounces of apple juice on average each year, according to the Food Institute's Almanac of Juice Products and the Juice Products Association, a trade group.

TVs Dr. Mehmet Oz raised alarm — some say false alarm — over arsenic in apple juice, based on tests his show commissioned by a private lab. The Food and Drug Administration said that its own tests disagreed and that apple juice is safe.

However, after Consumer Reports did its own tests on several juice brands, the FDA said it will examine whether its restrictions on the amount of arsenic allowed in apple juice are stringent enough.

Some forms of arsenic, such as the type found in pesticides, can be toxic and may pose a cancer risk if consumed at high levels or over a long period.

All juice sold in the U.S. must meet U.S. standards, said Pat Faison, technical director for the juice association. As for making nutritious choices, "a lot of the information that people need about fruit juices is on the label," she said.

So what's on those labels?

Carbohydrates, mostly sugars, in a much higher concentration than in milk. Juice has a small amount of protein and minerals and lacks the fibre in whole fruit.

Drinking juice delivers a lot of calories quickly so you don't realize how much you've consumed, whereas you would have to eat a lot of apples to get the same amount, and "you would feel much, much more full from the apples," Ansel said.

"Whole fruits are much better for you," said Dr. Frank Greer, a University of Wisconsin, Madison, professor and former head of the pediatrics academy's nutrition committee.

THE ASSOCIATED PRESS

Juice smarts

If you or your family are juice drinkers, here is some advice from nutrition experts.

1. Choose a juice fortified with calcium and vitamin D3.
2. Give children only pasteurized juice — that's the only type safe from germs that can cause serious disease.
3. Don't give juice before six months of age
4. Don't be swayed by labels. 'No sugar added' doesn't mean it isn't full of natural sugar. And 'cholesterol-free' is silly — only animal products have cholesterol.

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Healthy pasta, huge taste

Heart friendly and palate pleasing — put shrimp pasta on the menu

PHOTO/NEWS CANADA

▶ Dinner gets a healthy boost with whole-grain pasta, and shrimp.

Ingredients:

- 1 package whole grain spaghetti
- 1 head radicchio, quartered and shaved in thin slices
- 1 cup shrimp
- 1 garlic clove, thinly sliced
- 2 tsp extra virgin olive oil

For the marinade:

- 1 tsp parsley, chopped
- 1 tsp rosemary, chopped
- 1 clove garlic, chopped
- 200 grams shrimp, small peeled and cleaned
- 2 tsp extra virgin olive oil
- ¼ tsp red pepper, crushed

Looking for a dish that is simple and impressive? Celebrity chef Scott Conant of Scarpetta restaurant has created a delicious dish that is sure to satisfy your pasta craving.

Preparation:

1. Marinate shrimp with parsley, rosemary, extra virgin olive oil, garlic and crushed red pepper.
2. Heat olive oil in a sauté pan. Sauté the sliced garlic until just before it turns brown. Add the shredded radicchio and sauté for 7-10 minutes.
3. Cook pasta until it's almost al dente. Drain. Reserve some cooking liquid (¼ cup) and set aside.
4. Add pasta cooking water (approximately (¼ cup) to sauté pan and cook for a minute or so. Then, add the pasta that is 90 per cent cooked. Add the marinated shrimp and cook thoroughly.

NEWS CANADA

Rose Reisman's Swap It

Double double coffee will add unnecessary weight and increase your risk of Type 2 diabetes and heart disease. Watch liquid calories.

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Warm up with slow-cooked holiday brisket

Beer and black pepper brisket packs serious flavour, and brings Southern inspiration to the table

PHOTO/THE ASSOCIATED PRESS

▶ Warm up your belly this winter with a hearty brisket.

Preparing a winning brisket is quite simple.

All you need is patience (it takes a long time to cook) and the right cut of meat.

When you buy a trimmed brisket (the moist point has been removed) braising is the only way to make it palatable. That and adding lots of flavourful ingredients, such as onion soup mix and stewed tomatoes.

It's much better — and far more flavourful — to go with a whole, untrimmed brisket.

Preparation:

1. Heat oven to 325 F. Set a metal rack over a rimmed baking sheet.
2. Stir salt, pepper and cayenne in a small bowl and mix. Sprinkle mix all over each side of the brisket.
3. Pour 1 beer into a loaf pan. Set on low rack.
4. Place brisket, fat side up, on rack and roast between 4 and 6 hours. Add additional beer every hour. Cook until the meat reaches 185 F at centre. Remove from the oven and let sit for 20 minutes. Slice brisket thinly to serve.

THE ASSOCIATED PRESS

Ingredients:

- 1/2 cup kosher salt
- 3 tsp ground black pepper
- 2 tsp cayenne pepper
- 9- to 11-pound whole beef brisket, untrimmed
- Four to six 375 ml (12-ounce) bottles beer

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I'm doing grape

A toast to former model Caroline Granger, who traded in glamour and photoshoots for grape vines and family

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

PEGGY DEWITT

▶ Caroline Granger

"I've gone from walking on alligators to dancing on them!" Caroline tells me from her office at The Grange, the award-winning winery she has grown and nurtured for the past 10 years.

It's been quite the journey for Caroline Granger, who found incredible success as a Ford model in Paris at the age of 16. Love and children brought her back to North America and ultimately to the family farm in Prince Edward County in Ontario where she's been raising her three children.

In 1999 she planted some grape vines for a friend and it got her thinking about the wine business.

With the support of her family she went back to school and planted 10 acres. The learning curve was steep but success soon followed.

"I have this huge excitement that we're on the edge of something new and dancing on alligators is how I view the future. I am thrilled to be a woman in agriculture and I'm passionate about making wine. This business is very hard but I know this is absolutely where I'm supposed to be and I'm doing what I'm supposed to be doing."

Bottle business

The Grange Estate Winery

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- H6 distinct vineyard blocks
- Recent Gold medal winner at international wine competition in Hong Kong
- Best white wine in show at the Royal Winter Fair

Role model

- Begin with the end in mind.
- Even if it's a simple vision it will help guide you.
- Do your homework and risk assessment.
- Have an unshakable belief in yourself and your dream
- Inspire people and make a difference

There's a job for that

How about getting paid to play on your phone all day? Compute this list of 2012's hottest IT positions

JULIA WEST
LIFE@METRONEWS.CA

METRO WORLD NEWS IN NEW YORK

The progression of technology brings the expansion of IT jobs, and 2012 will be no exception. With more businesses going digital and phrases like "cloud storage" becoming commonplace, the world of IT careers is budding with new opportunities.

Robert Half Technology just released their list of the hottest jobs for 2012, many of them falling under the IT umbrella. Here are three that are especially promising.

1 Mobile applications developer

Not surprisingly, this job comes out on top. Considering the long list of things you can do from your phone — banking, gaming and even video chatting — it's no wonder that this field is booming.

"Mobile development has surpassed web development and is now leading in shaping future professionals," says Leonardo Mattiazzi, vice president of international business at IT services company Ci&T.

2 User experience designer

UX designers, to those in the know, "create positive digital experiences," according to Robert Half Technology.

Mattiazzi believes that the job description is blurring the lines and tapping into all sorts of creative talent.

"Developers can no longer rely only on their technical skills, and UX designers can no longer rely only on their creative skills. The blending of UX skills and technical skills is becoming a de-facto demand," he says.

3 Data security analyst

This is the e-bouncer of a company. David Hurst, principal at the financial accounting and advisory firm WeiserMazars LLP, sees growth happening already.

"Now that it's becoming feasible to break up complex business processes and execute different parts in different technologies on-site and in the Cloud, it is increasing the demand for architecture and integration skills to design and manage these complex multi-platform processes," Hurst says.

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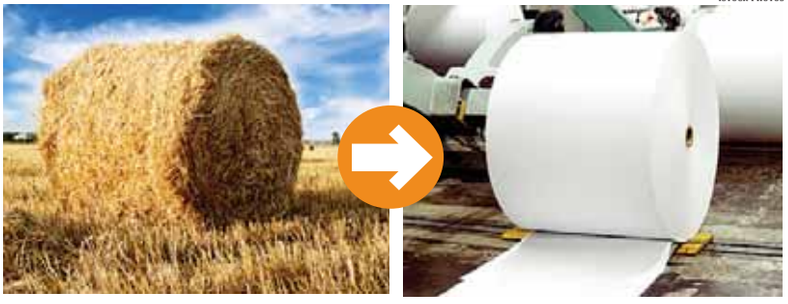
A wild new concept seeks to turn the publishing world on its head And it's got the attention of Margaret Atwood

BEN KNIGHT
LIFE@METRONEWS.CA



ISTOCK PHOTOS

Paper mills … on the prairies?

A stunning new development in paper production could make exactly that idea into a lucrative new industry.

Canopy, a Canadian environmental not-for-profit organization, is championing Second Harvest paper — made out of discarded straw left over from the grain harvest.

"This is an entirely new green resource sector for Canada, just waiting to be developed," says Nicole Rycroft, Canopy's founder and executive director. "It's got green jobs, value-added revenues to farmers, and really strong market support."

If new paper plants are built, and the potential is fully realized, she predicts hundreds of millions of trees could be saved in the future.

"We have documented at least enough market demand to keep four mainstream paper mills running around the clock, with paper sales that would amount to in excess of $900-million."

The idea got a high-profile boost recently, when prominent Canadian author Margaret Atwood announced that a special, autographed edition of her new book — In Other Worlds: SF and the Human Imagination — will be printed on Second Harvest paper.

"The Atwood book proves that paper made from straw is not green with pink spots, and it doesn't feel like rubbing your hand on sandpaper," Rycroft notes.

"It performs just like any other paper. When they ran it at the printers, there were no breakages. And it has half the ecological footprint."

The raw material — straw — is limitless, and most just gets thrown away. The biggest obstacle this faces is the reality of the infrastructure.

The specialized pulping mills and paper plants don't yet exist.

"This is an incredible opportunity for Canada to develop a new green resource industry," she says.

"We can make excellent quality paper. We have an incredible sustainable economic opportunity for Canada to be a leader here. It's within our grasp, but we need to put the commercial-scale production facilities in place."

That will require a huge amount of capital investment.

But the payoffs could be significant — both financially and ecologically.

"Sometimes, solutions aren't really complex. We have straw in abundance in Canada. It's right here. We can do it within the next 12 months if we really put our minds to it."

For more info, check out canopyplanet.org.

Savings

Recycled savings:

By the numbers Each ton of recycled paper can save 17 trees, 380 gallons of oil, three cubic yards of landfill space, 4,000 kilowatts of energy and 7,000 gallons of water.

PUTTING DIRTY OPTIONS THROUGH A WASH

Is it better to hand wash dishes or use my dishwasher? *Mike of Don Mills, Ont.*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

Let me ask you this; can you wash and rinse a dirty plate with a cup of water?

Researchers at the University of Bonn in Germany found that, compared to hand washing, dishwashers use only half the energy, one-sixth of the water, and less soap.

The most careful of hand-washers just could not beat the dishwashers we are blessed with today.

The study also rated the level of cleanliness.

Once again, the dishwasher won.

Energy Star claims that using an efficient dishwasher instead of an older one will cut your utility bills by more than $40 a year.

An Energy Star-qualified dishwasher can save you more than 230 hours of time over the course of a year (almost 10 days).

Although, if you find washing dishes therapeutic, who am I to argue with the value of quality me time?

It's pretty tough to do a better job by hand than using an energy-efficient dishwasher.

And as usual, there are qualifiers.

Run your machine full, on the light cycle and turn off the heated drying option.

And for the love of Pete, choose an eco-friendly dishwasher and/or dishwashing soap.

If a product doesn't list ingredients, leave it on the shelf.

Look for products with eco-labels like Green Seal or Environmental Choice's EcoLogo.

The bottom-line: It's pretty tough to do a better job by hand than using an energy-efficient dishwasher.

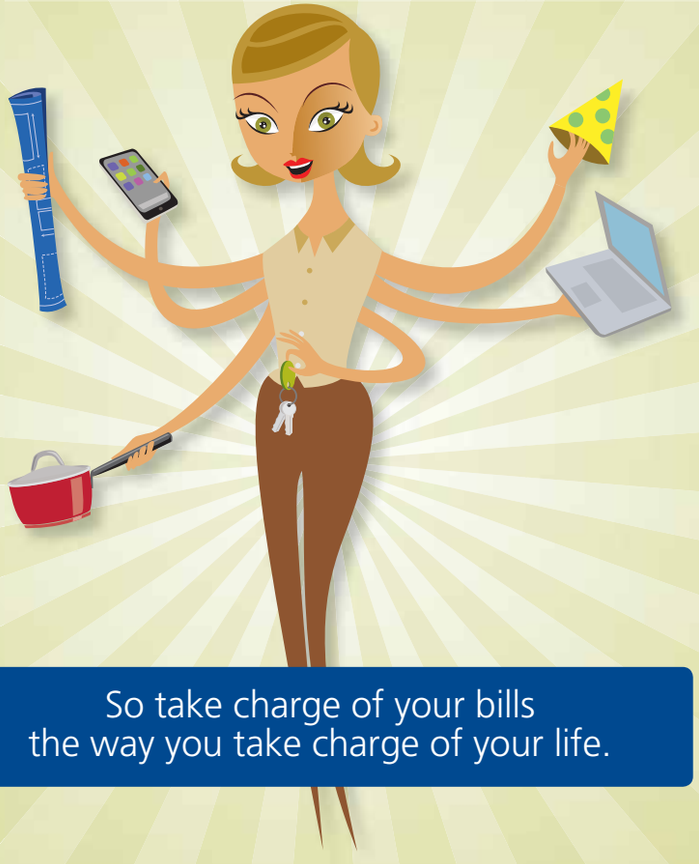
But then there are the big pots (space hogs), knives (that get dull from clanking against dishes), and plastic containers (that release harmful chemicals when washed).

These should be hand-washed.

You can do a more efficient job by scraping food into the compost instead of wasting water rinsing.

David Suzuki Foundation

You're one text-messaging-business-pitching-get-the-kids-to-music-lessons kind of woman…



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4 sports

Canucks pounce on Flames

Calgary strikes early but run out of gas as Luongo shuts door in first start since mid-November

CANUCKS	FLAMES
5	1

RICH LAM/GETTY IMAGES

▶ Canucks David Booth and Cody Hodgson watch teammate Kevin Bieksa's shot blow past Flames goalie Henrik Karlsson in Vancouver last night.

Chris Higgins and David Booth had a goal and two assists each and Roberto Luongo made 21 saves as the Vancouver Canucks beat the Calgary Flames 5-1 last night.

Luongo allowed a weak goal to give Calgary a 1-0 lead, but he was unbeatable the rest of the way in his first start since Nov. 13.

Kevin Bieksa, Jannik Hansen and Daniel Sedin also scored for Vancouver (15-10-1), which posted its sixth win in seven games and continued its dominance over Calgary, having won 10 of its past 12 meetings.

Alex Tanguay tallied for the Flames (11-13-2) who lost for only the second time in their past six games.

The Flames outshot the Canucks 13-10 in the first period, but Luongo faced little action in the final two as Calgary managed only nine shots and was outshot 36-22 on the night.

Vancouver converted two of six power plays while blanking the Flames on four man-advantage opportunities.

Luongo made his first start since suffering an undisclosed upper-body injury Nov. 13 against the New York Islanders. He returned to action during a rare relief appearance in Thursday's 6-5 loss to the Predators after backup Cory Schneider allowed three goals on five shots.

Prior to Thursday, Luongo had watched five straight games from the bench after missing two with his brief injury, as Schneider posted five consecutive wins that included two shutouts.

The stretch marked the first time in Luongo's six-season tenure with the Canucks that he served as the backup during a prolonged span.

Calgary goaltenders Henrik Karlsson, who left in the third period with an apparent knee injury and Miikka Kiprusoff combined for 31 saves.

Karlsson started for only the fifth time this season as coach Brent Sutter attempted to give Kiprusoff the night off after backstopping the Flames to a comeback win Saturday over Edmonton. THE CANADIAN PRESS

Quoted

"It just feels awesome, whatever it is."

TIGER WOODS, ON WHAT HE WAS FEELING AFTER WINNING HIS FIRST GOLF TOURNAMENT IN MORE THAN TWO YEARS. WOODS POURED IN A PUTT TO CAP OFF A BIRDIE-BIRDIE FINISH AT THE CHEVRON WORLD CHALLENGE YESTERDAY TO BEAT FORMER MASTERS CHAMPION ZACH JOHNSON BY ONE SHOT. THE WIN ENDED A DROUGHT THAT LASTED 749 DAYS, AND MIGHT HAVE SIGNALLED A CHANGE THAT WOODS IS ON HIS WAY BACK.

Scan code for more sports news.

Jones, Martin edge closer to Olympics

Kevin Martin knows he's got a chance to book a ticket to the Olympics. The hardest part will be waiting two years to make it happen.

Martin's rink locked up a spot in the 2013 Olympic curling trials after winning his fourth Capital One Canada Cup of Curling with a 7-4 victory over Glenn Howard yesterday in Cranbrook, B.C.

The Edmonton skip and his team of John Morris, Marc Kennedy and Ben Hebert won gold at the 2010 Olympics in Vancouver, and hope to defend it at Sochi, Russia, in 2014.

"We talked about that all week," Martin said. "It's nice to get it out of the way. But like John was saying, 'Now what do we do for two years?'

"This year is already set but next year, absolutely, we'll have to have a team meeting and decide what we're going to do and this will have a bearing on it, for sure."

Martin will be joined at the Olympic trials in Winnipeg by Jennifer Jones, who advanced on the women's side with a 9-4 victory over Chelsea Carey.

HO-MICHAEL BURNS/THE CANADIAN PRESS

"I thought we came out and played well from the first end on, and everybody made my job easy. It was a fun game to play."

WINNIPEG'S JENNIFER JONES ON YESTERDAY'S CANADA CUP VICTORY

Both Martin and Winnipeg's Jones won $26,000, plus entries to next year's Canada Cup in Moose Jaw, Sask., and the 2013 Continental Cup in Penticton, B.C.

"We were never really looking that far ahead," said Jones, a four-time national champion who scored at 94 per cent on her skip rocks in the match.

"But it is nice. This way, you don't really have to go all out (for the next two seasons). You can control your schedule and pick the events you want to play in, which is kind of nice."

In the men's final, Martin scored two points each in the third and fifth ends to take a 4-2 lead, then added singles in the seventh, ninth and 10th ends to beat Howard.

Coldwater, Ont., skip Howard and his team of Wayne Middaugh, Brent Laing and Craig Savill took home $16,000 for the second-place finish.

Meanwhile in the women's final, Jones dominated Carey and her Morden rink by scoring three points in both the fourth and seventh ends.

Carey and her team of Kristy McDonald, Kristen Foster and Lindsay Titheridge settled for $16,000, while Jones and lead Dawn Askin celebrated their second Cup win. It was the first Cup win for third Kaitlyn Lawes and second Joelle Sabourin.

"You know, it was just fun to go out there and curl well in a big game," said Jones.

"They were just a little bit off early and we got the lead, but they're a great team and I'm sure they'll bounce back." THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	27	16	7	2	2	85	66	36	8-1-2-0	8-6-0-2	6-3-1-0	W2
d-Boston	24	16	7	0	1	85	51	33	10-5-0-1	6-2-0-0	9-0-0-1	W3
d-Florida	26	14	8	1	3	73	65	32	5-2-1-3	9-6-0-0	6-3-1-0	W1
NY Rangers	23	15	5	1	2	69	50	33	7-1-0-1	8-4-1-1	8-2-0-0	W5
Philadelphia	25	15	7	2	1	90	73	33	6-4-1-1	9-3-1-0	7-3-0-0	W2
Toronto	26	14	10	1	1	83	85	30	6-4-1-1	8-6-0-0	4-5-0-1	L2
Buffalo	26	14	11	0	1	72	69	29	6-8-0-1	8-3-0-0	4-5-0-1	W1
Washington	25	13	11	0	1	75	79	27	9-4-0-1	4-7-0-0	3-7-0-0	W1
Ottawa	26	12	11	2	1	79	89	27	6-4-0-1	6-7-2-0	5-3-2-0	L2
Montreal	27	11	11	2	3	67	69	27	4-5-2-2	7-6-0-1	3-4-2-1	W1
Winnipeg	26	11	11	3	1	75	82	26	7-4-0-0	4-7-3-1	6-3-1-0	W2
New Jersey	25	12	12	0	1	62	72	25	5-4-0-1	7-8-0-0	4-6-0-0	L4
Tampa Bay	25	11	12	0	2	67	80	24	7-4-0-0	4-8-0-2	3-7-0-0	L3
NY Islanders	24	8	11	3	2	52	78	21	5-6-2-0	3-5-1-2	4-4-1-1	W1
Carolina	28	8	16	2	2	66	94	20	5-9-0-2	3-7-2-0	2-8-0-0	L6

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	27	17	7	2	1	69	60	37	10-4-1-0	7-3-1-1	9-1-0-0	W4
d-Chicago	27	16	8	1	2	90	84	35	8-2-0-2	8-6-1-0	6-4-0-0	W2
d-Dallas	26	15	10	0	1	69	72	31	9-4-0-1	6-6-0-0	4-5-0-1	L1
Detroit	25	16	8	1	0	75	56	33	10-2-1-0	6-6-0-0	7-3-0-0	L1
Vancouver	26	15	10	0	1	83	67	31	7-4-0-1	8-6-0-0	7-3-0-0	W1
St. Louis	26	14	9	0	3	63	58	31	8-3-0-1	6-6-0-2	6-2-0-2	L2
Los Angeles	26	13	9	2	2	60	58	30	8-7-0-1	5-2-2-1	6-3-1-0	L1
San Jose	23	14	8	1	0	67	56	29	7-5-1-0	7-3-0-0	6-4-0-0	L1
Phoenix	25	13	9	1	2	67	62	29	7-5-1-1	6-4-0-1	5-5-0-0	L2
Edmonton	27	13	11	0	3	76	71	29	7-4-0-2	6-7-0-1	4-5-0-1	L1
Nashville	26	12	10	3	1	68	71	28	4-4-2-1	8-6-1-0	4-5-1-0	L1
Colorado	27	13	13	1	0	75	78	27	7-9-0-0	6-4-1-0	5-5-0-0	W3
Calgary	26	11	13	1	1	60	72	24	5-5-1-1	6-8-0-0	4-5-0-1	L1
Anaheim	26	7	14	2	3	60	87	19	5-9-1-0	2-5-1-3	1-7-1-1	L2
Columbus	26	7	16	0	3	62	88	17	5-7-0-1	2-9-0-2	4-6-0-0	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Vancouver 5 Calgary 1
Colorado 4 Detroit 2
Minnesota 5 Anaheim 3
Saturday's results
Calgary 5 Edmonton 3
Montreal 2 Los Angeles 1
Winnipeg 4 New Jersey 2
Boston 4 Toronto 1
Washington 3 Ottawa 2 (OT)
Buffalo 3 Nashville 2
Chicago 5 St. Louis 2
Florida 5 San Jose 3
N.Y. Islanders 5 Dallas 4
N.Y. Rangers 4 Tampa Bay 2
Philadelphia 4 Phoenix 2
Pittsburgh 3 Carolina 2
Tonight's games
All Times Eastern
Toronto at N.Y. Rangers, 7 p.m.
Boston at Pittsburgh, 7 p.m.
Tampa Bay at Ottawa, 7:30 p.m.
Washington at Florida, 7:30 p.m.
Phoenix at Chicago, 8:30 p.m.
Tomorrow's games
New Jersey at Toronto, 7 p.m.
Tampa Bay at N.Y. Islanders, 7 p.m.
Columbus at Montreal, 7:30 p.m.
Detroit at St. Louis, 8 p.m.
Phoenix at Nashville, 8 p.m.
Boston at Winnipeg, 8:30 p.m.
Carolina at Calgary, 9 p.m.
Colorado at Vancouver, 10 p.m.
Los Angeles at Anaheim, 10 p.m.
Minnesota at San Jose, 10:30 p.m.

CANUCKS 5, FLAMES 1

First Period
1. Calgary, Tanguay 5 (Horak, Bourque) 18:34
Penalties — Glencross Cal (delay of game) 9:20, Comeau Cal (roughing) 10:03.
Second Period
2. Vancouver, Bieksa 2 (Higgins, Booth) 5:13 (pp)
3. Vancouver, Higgins 8 (Booth, Hamhuis) 19:01
Penalties — H.Sedin Vcr (hooking) 1:01, Iginla Cal (goaltender interference) 3:29, Smith Cal (holding) 10:33, Higgins Vcr (interference) 15:35.
Third Period
4. Vancouver, Booth 5 (Kesler, Higgins) 0:40
5. Vancouver, Hansen 7 (Raymond, Ballard) 1:54
6. Vancouver, D.Sedin 9 (Kesler, H.Sedin) 5:42 (pp)
Penalties — Bourque Cal (cross-checking) 5:16, Booth Vcr (goaltender interference) 7:57, Kostopoulos Cal (roughing), Stajan Cal (fighting, misconduct), Rome Vcr (cross-checking, roughing), Lapierre Vcr (fighing, misconduct) 11:00, Backlund Cal (hooking) 17:31.
Shots

Calgary	13	4	5	22
Vancouver	10	15	11	36

Goal (shots-saves) — Calgary: Karlsson (L,0-4-1)(32-27), Kiprusoff (6:39 third, 4-4); Vancouver: Luongo (W,8-6-1).
Power plays (goals-chances) — Calgary: 0-4 Vancouver: 2-6.
Referees — Dan O'Rourke, Brian Pochmara.
Linesmen — David Brisebois, Tony Sericolo.
Att. — 18,860 (18,860) at Vancouver.

SATURDAY

BRUINS 4, MAPLE LEAFS 1

First Period
No Scoring.
Penalties — Lucic Bos (tripping) 17:49, MacArthur Tor (tripping) 18:11.
Second Period
1. Boston, Krejci 5 (Horton, Lucic) 4:20
2. Toronto, Grabovski 7 (Gardiner, Crabb) 5:08
3. Boston, Kelly 10 (Peverley, Ference) 13:11
Penalties — Chara Bos (tripping) 8:11, Krejci Bos (holding) 15:33.
Third Period
4. Boston, Boychuk 3 (Marchand, Bergeron) 3:06
5. Boston, Horton 7 (Krejci, Lucic) 14:26
Penalties — Chara Bos (hooking) 6:28, Crabb Tor, Corvo Bos (fighting) 14:45, MacArthur Tor (tripping) 15:44.
Shots

Toronto	7	11	4	22
Boston	10	9	11	30

Goal — Toronto: Reimer (L,4-1-1); Boston: Rask (W,4-3-1). **Power plays (goals-chances)** — Toronto: 0-4; Boston: 0-2.
Referees — Francis Charron, Brad Watson.
Linesmen — Michel Cormier, Derek Nansen.
Attendance — 17,565 (17,565) at Boston.

JETS 4, DEVILS 2

First Period
1. Winnipeg, Kane 13 (Byfuglien, Little) 1:42
2. New Jersey, Henrique 6 (Parise, Kovalchuk) 5:53
Penalties — Zubrus NJ (holding) 14:46, Slater Wpg (slashing) 18:43.
Second Period
3. New Jersey, Elias 9 (Larsson) 17:17 (pp)
4. Winnipeg, Burmistrov 6 (Little) 18:24 (sh)
Penalties — Thorburn Wpg (hooking) 5:22, Clarkson NJ (interference) 9:24, Jaffray Wpg (holding) 16:24, Ladd Wpg (tripping) 16:38.
Third Period
5. Winnipeg, Stuart 3 (Wheeler, Bogosian) 13:13
6. Winnipeg, Kane 14, 19:28 (en)
Penalties — Sestito NJ, Jaffray Wpg (fighting) 4:10, Sykora NJ (unsportsmanlike conduct), Oduya Wpg (roughing) 11:45.
Shots

New Jersey	6	12	7	25
Winnipeg	6	7	7	20

Goal — New Jersey: Hedberg (L,7-5-1); Winnipeg: Pavelec (W,9-9-4). **Power plays (goals-chances)** — New Jersey: 1-4; Winnipeg: 0-2.
Referees — Ghislain Hebert, Chris Lee. **Linesmen** — Lonnie Cameron, Jay Sharrers.
Attendance — 15,015 (15,015) at Winnipeg.

FLAMES 5, OILERS 3

First Period
1. Edmonton, Petrell 2 (Hordichuk, O'Marra) 2:19
2. Edmonton, Gagner 1 (Hemsky, Horcoff) 3:00
3. Calgary, Jokinen 6 (Iginla, Bourque) 3:49 (pp)
4. Calgary, Bourque 8 (Horak, Comeau) 6:45
Penalties — Sutton Edm (roughing) 3:32, Stempniak Cal (hooking) 14:50, Jokinen Cal (hooking) 17:29.
Second Period
No Scoring.
Penalties — Comeau Cal (closing hand on puck) 5:23, Hannan Cal (delay of game) 7:42, Bourque Cal (hooking) 12:38, Sutton Edm (high-sticking) 15:57.
Third Period
5. Edmonton, Nugent-Hopkins 12 (Eberle, Smid) 5:27
6. Calgary, Smith 2 (Iginla) 6:11
7. Calgary, Backlund 1 (Iginla, Smith) 10:25 (pp)
8. Calgary, Jokinen 7, 19:28 (en)
Penalties — Smyth Edm (roughing) 8:37, Jokinen Cal (slashing) 16:14.
Shots

Calgary	14	13	5	32
Edmonton	8	10	11	29

Goal — Calgary: Kiprusoff (W,11-9-1); Edmonton: Khabibulin (L,9-6-3). **Power plays (goals-chances)** — Calgary: 2-3; Edmonton: 0-6.
Referees — Mike Hasenfratz, Stephen Walkom.
Linesmen — Steve Miller, Bryan Pancich.
Attendance — 16,839 (16,839) at Edmonton.

NFL

WEEK 13

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	9	3	0	.750	362	247
N.Y. Jets	7	5	0	.583	290	260
Buffalo	5	7	0	.417	278	304
Miami	4	8	0	.333	246	220

SOUTH

	W	L	T	Pct	PF	PA
Houston	9	3	0	.750	310	189
Tennessee	7	5	0	.583	249	229
Jacksonville	3	8	0	.273	138	200
Indianapolis	0	12	0	.000	174	358

NORTH

	W	L	T	Pct	PF	PA
Baltimore	9	3	0	.750	296	192
Pittsburgh	9	3	0	.750	268	195
Cincinnati	7	5	0	.583	266	250
Cleveland	4	8	0	.333	175	240

WEST

	W	L	T	Pct	PF	PA
Denver	7	5	0	.583	256	292
Oakland	7	5	0	.583	274	308
Kansas City	5	7	0	.417	163	268
San Diego	4	7	0	.364	249	275

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Dallas	7	5	0	.583	283	244
N.Y. Giants	6	6	0	.500	287	315
Philadelphia	4	8	0	.333	271	282
Washington	4	8	0	.333	202	256

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	9	3	0	.750	393	269
Atlanta	7	5	0	.583	269	244
Carolina	4	8	0	.333	290	324
Tampa Bay	4	8	0	.333	218	329

NORTH

	W	L	T	Pct	PF	PA
x-Green Bay	12	0	0	1.000	420	262
Detroit	7	5	0	.583	333	277
Chicago	7	5	0	.583	291	242
Minnesota	2	10	0	.167	246	330

WEST

	W	L	T	Pct	PF	PA
y-San Francisco	10	2	0	.833	288	161
Seattle	5	7	0	.417	216	246
Arizona	5	7	0	.417	232	269
St. Louis	2	10	0	.167	140	296

x-clinched playoff spot; **y**-clinched division
Yesterday's results
Kansas City 10 Chicago 3
Houston 17 Atlanta 10
Denver 35 Minnesota 32
Carolina 38 Tampa Bay 19
Pittsburgh 35 Cincinnati 7
N.Y. Jets 34 Washington 19
Miami 34 Oakland 14
Tennessee 23 Buffalo 17
New England 31 Indianapolis 24
Baltimore 24 Cleveland 10
San Francisco 26 St. Louis 0
Arizona 19 Dallas 13 (OT)
Green Bay 38 N.Y. Giants 35
New Orleans 31 Detroit 17
Thursday's result
Seattle 31 Philadelphia 14
Tonight's game
All Times Eastern
San Diego at Jacksonville, 8:30 p.m.

SOCCER

ENGLAND

PREMIER LEAGUE

Team	GP	W	D	L	GF	GA	Pts
Manchester City	14	12	2	0	48	13	38
Manchester United	14	10	3	1	31	13	33
Tottenham	13	10	1	2	29	16	31
Chelsea	14	9	1	4	31	17	28
Arsenal	14	8	2	4	30	23	26
Newcastle	14	7	5	2	19	15	26
Liverpool	13	6	5	2	17	12	23
Stoke	14	5	3	6	14	23	18
Aston Villa	14	3	7	4	16	18	16
Everton	13	5	1	7	15	17	16
Norwich	14	4	4	6	20	26	16
QPR	14	4	4	6	15	25	16
West Brom	14	4	3	7	13	21	15
Swansea	14	3	5	6	14	20	14
Wolverhampton	14	4	2	8	15	24	14
Fulham	13	2	6	5	15	16	12
Sunderland	14	2	5	7	16	17	11
Blackburn	14	2	4	8	21	32	10
Bolton	14	3	0	11	19	34	9
Wigan	14	2	3	9	12	28	9

Yesterday's results
Everton 0 Stoke 1
Wolverhampton 2 Sunderland 1

LEAGUE CHAMPIONSHIP

Yesterday's result
Cardiff 1 Birmingham 0

GERMANY

BUNDESLIGA

Team	GP	W	D	L	GF	GA	Pts
Bayern Munich	15	10	1	4	38	9	31
Borussia Dortmund	15	9	3	3	30	10	30
Moenchengladbach	15	9	3	3	24	10	30
Schalke	15	9	1	5	31	21	28
Werder Bremen	15	8	2	5	26	25	26
Bayer Leverkusen	15	7	4	4	22	19	25
Stuttgart	15	6	4	5	22	17	22
Hannover	15	5	6	4	19	23	21
Hertha Berlin	15	4	7	4	22	23	19
Hoffenheim	15	5	3	7	16	18	18
Hamburger SV	15	4	5	6	20	26	17
Cologne	14	5	2	7	22	31	17
Wolfsburg	15	5	2	8	21	30	17
Mainz	14	4	4	6	21	27	16
Nuremberg	15	4	3	8	14	26	15
Kaiserslautern	15	3	5	7	11	19	14
Freiburg	15	3	4	8	20	31	13
Augsburg	15	2	5	8	13	27	11

Yesterday's results
Hamburger SV 2 Nuremberg 0
Schalke 3 Augsburg 1

ITALY

SERIE A

Yesterday's results
Bologna 1 Siena 0
Catania 0 Cagliari 1
Chievo Verona 0 Atalanta 0
Fiorentina 3 Roma 0
Juventus 2 Cesena 0
Parma 0 Palermo 0

SPAIN

LA LIGA

Yesterday's results
Atletico Madrid 3 Rayo Vallecano 1
Granada 1 Zaragoza 0
Mallorca 1 Athletic Bilbao 1
Osasuna 2 Real Betis 1
Real Sociedad 3 Malaga 2

GOLF

CHEVRON WORLD CHALLENGE

At Thousand Oaks, Calif.
Par 72
Final Round

Tiger Woods, $1,200,000	69-67-73-69—278
Zach Johnson, $650,000	73-67-68-71—279
Paul Casey, $400,000	79-68-67-69—283
Matt Kuchar, $262,500	72-67-74-71—284
Hunter Mahan, 4262,500	72-68-73-71—284
Jim Fuyrk, $196,250	71-74-73-69—287
Martin Laird, $196,250	77-74-66-70—287
Rickie Fowler, $196,250	71-70-75-71—287
Bubba Watson, $196,250	75-70-70-72—287
Bo Van Pelt, $177,500	74-72-71-71—288
Gary Woodland, $177,500	73-70-70-75—288
K.J. Choi, $170,000	66-73-72-78—289
Webb Simpson, $162,500	73-79-68-70—290
Bill Haas, $162,500	78-69-69-74—290
Jason Day, $155,000	74-68-77-72—291
Steve Stricker, $150,000	69-76-73-74—292
Keegan Bradley, $145,000	76-75-74-73—298
Nick Watney, $140,000	71-78-73-77—299

UBS HONG KONG OPEN

At Hong Kong
Par 70
Final Round

Rory McIlroy	64-69-70-65—268
Gregory Havret	70-69-66-65—270
Peter Hanson	68-68-65-70—271
Pariya Junhasavasdikul	70-65-67-70—272
Ian Poulter, England	71-68-67-66—272
Richie Ramsay	68-66-72-66—272
Kiradech Aphibarnrat	68-69-70-66—273
Alvaro Quiros	64-69-67-73—273
Y.E. Yang	68-69-65-71—273
Juvic Pagunsan	68-70-68-68—274
Robert Jan Derksen	72-68-66-69—275
Marcus Fraser	67-69-69-70—275
Miguel Angel Jimenez	65-70-72-68—275
Jose Manuel Lara	70-70-67-68—275
Rafael Cabrera-Bello	69-69-71-67—276
Thongchai Jaidee	72-68-71-65—276
Scott Barr	69-71-68-69—277
Jason Knutzon	73-66-67-71—277
Liang Wen-chong	71-69-70-67—277
Prayad Marksaeng	72-70-67-68—277

NEDBANK GOLF CHALLENGE

At Sun City, South Africa
Par 72
Final Round

Lee Westwood	68-70-62-73—273
Robert Karlsson	69-69-69-68—275
Jason Dufner	70-68-70-69—277
Graeme McDowell	70-67-70-70—277
Kyung-tae Kim	70-70-70-70—280
Charl Schwartzel	68-74-68-72—282
Luke Donald	70-71-70-72—283
Martin Kaymer	70-68-70-76—284
Simon Dyson	70-70-75-72—287
Anders Hansen	72-69-77-70—288
Francesco Molinari	72-77-73-73—295
Darren Clarke	74-69-76-78—297

CURLING

CANADA CUP OF CURLING

At Cranbrook, B.C.

MEN

Yesterday's result
CHAMPIONSHIP
Kevin Martin 7 Glenn Howard 4
Saturday's result
SEMIFINAL
Glenn Howard 9 Jeff Stoughton 5

WOMEN

Yesterday's result
CHAMPIONSHIP
Jennifer Jones 9 Chelsea Carey 4
Saturday's result
SEMIFINAL
Jennifer Jones 6 Shannon Kleibrink 3

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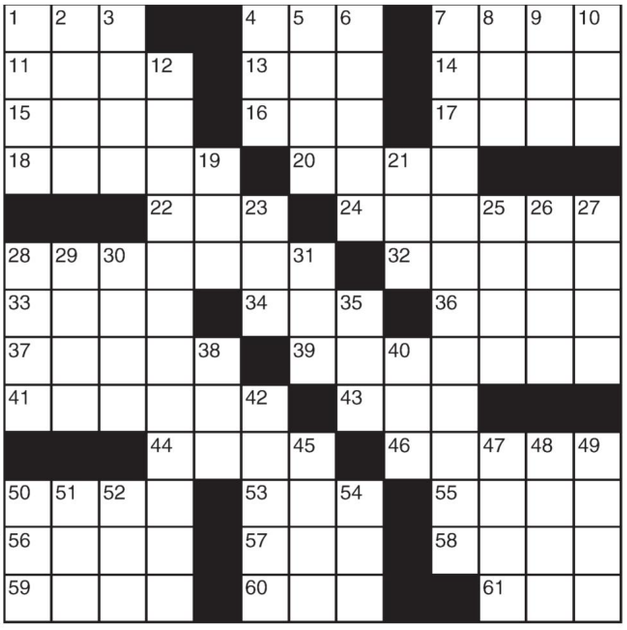
Crossword



Across

1 Two-timer
4 Arrow launcher
7 Goya's "Naked" subject
11 Scads
13 Atmosphere
14 PC picture
15 Panorama
16 Beer cousin
17 Fender bender
18 Artist's support
20 Knitting need
22 Lower limb
24 Used a switchblade on
28 Unimportant
32 Spry
33 Relaxation
34 — de deux
36 Lug
37 Bother
39 Washington city
41 Half-hour TV show, often
43 Blond shade
44 Hawaiian feast
46 Eccentric
50 Note from the boss
53 54-Down stat
55 Eye layer
56 United nations
57 Slithery squeezer
58 Skaters' venue
59 Out of control
60 Switch positions
61 Two, in Tijuana

Down

1 Bear lair, often
2 Others (Lat.)
3 Accomplishes
4 Sheep's cry
5 Unctuous
6 Cause, as havoc
7 Dark time
8 Expert
9 "The Daily Show With — Stewart"
10 Pismire
12 Another way to say 7-Down
19 Floral neckwear
21 Genetic letters
23 Space
25 Authoritative command
26 Hebrew month
27 Take out of context?
28 Earl Grey's kin
29 Hindu princess
30 "Say It — So"
31 — Vegas
35 The Red or the Black
38 Thee
40 Request
42 Ballroom dance
45 "Once — a time ..."
47 "Amores" poet
48 Gambling game
49 Tibetan herd
50 Biz deg.
51 Shade tree
52 Cattle call?
54 Auto fuel

▶ Thursday's answer

T	A	P	E	S		A	D	O		F	A	S
S	P	U	R	T		L	O	U		A	R	E
A	T	R	I	A		P	U	R	V	I	E	W
		C	E	L	L	A	R		E	R	N	E
U	S	E		L	A	C		B	R	E	A	D
S	O	L	D		B	A	S	I	S			
A	L	L	E	G	E		T	O	U	P	E	E
			B	A	L	E	R		S	U	M	O
A	P	A	R	T		M	A	D		R	U	N
S	A	K	I		P	O	W	E	L	L		
P	U	R	S	U	I	T		R	O	O	D	S
I	L	O		F	E	E		B	R	I	D	E
C	A	N		O	D	D		Y	E	N	T	A

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

2		1			9		8	
				3	6			1
6				2		3		
		4					1	
		3	9		5	4		
	7					9		
		8		7				5
1			3	5				
	4		2			8		6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ▶

8	3	7	9	6	1	5	2	4
6	1	4	2	8	5	9	7	3
9	5	2	3	4	7	6	1	8
1	9	6	8	5	2	3	4	7
2	8	3	6	7	4	1	5	9
4	7	5	1	3	9	2	8	6
7	4	9	5	2	6	8	3	1
3	2	1	4	9	8	7	6	5
5	6	8	7	1	3	4	9	2

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Everyone on Earth,
This is sort of a global prayer, and as it is, a very personal one as well. I want to wish everyone so much love to cradle their days and nights. I wish everyone could find it in their hearts to cast away fear in their lives... or at least use it to find what is true and beautiful. I wish for clarity in love, peace for those in need, and for some to shed their egos and stop it with excessive consumerism. As always, I would want everyone to find their soul/mate love of their dreams. I wish these things. To dreams coming true!
WEE EARTHLING

Reeda Durrani,
i love you and will always love you
BILAL AMER

A look at the weather

TODAY	TOMORROW	WEDNESDAY
Min -10°	Min -1°	Min -15°
Max 2°	Max 6°	Max -4°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 5:30AM**

Today's horoscope

♈ Aries March 21-April 20 What happens over the next seven days will make life fun again.
♉ Taurus April 21-May 21 Today could turn out to be rather challenging, but in a pleasant way.
♊ Gemini May 22-June 21 Action speaks louder than words, so act fast, be first and get the job done.
♋ Cancer June 22-July 22 Get that glum look off your face and believe that good things (and good people) are coming your way.
♌ Leo July 23-Aug.23 Don't allow yourself to get worked up about some of the things that go on in the world.
♍ Virgo Aug. 24- Sept. 22 Fate is about to introduce you to someone who can transform your existence.
♎ Libra Sept. 23-Oct. 23 Let the world know who you are and what you can do – and make sure you do it.
♏ Scorpio Oct. 24-Nov. 22 Go places, do things and make new friends. Life has rarely looked better.
♐ Sagittarius Nov. 23-Dec. 21 You want to help those who can't help themselves and the best way to do that is to join forces with those who share your concerns.
♑ Capricorn Dec. 22-Jan. 20 You have always been ambitious but are your ambitions inspired by your ideals or are you interested in nothing more than profit and position?
♒ Aquarius Jan. 21-Feb. 18 All things change with time and it's time you moved on – to better things, of course.
♓ Pisces Feb. 19-March 20. What you believe is likely to change profoundly over the next few days. **SALLY BROMPTON**

PETER DEJONG/THE ASSOCIATED PRESS

Caption contest

FABRIZIO GIOVANNOZZI/THE ASSOCIATED PRESS

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